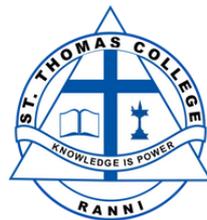




Best Practice 1

Thomasian STEPs



ST. THOMAS COLLEGE

Ranni, Pathanamthitta, Kerala - 689673

ACCREDITED BY NAAC WITH 'B' GRADE



BEST PRACTICE 1

Title: Thomasian STEPs (Skill Training and Empowerment Programmes)

Objectives

- To hone the varied academic and non-academic skills of the students
- To ensure the holistic development and empowerment of the students

The Context

In the present world there is much scope for young minds to grow on their own, provided they get a chance to identify and fine-tune their innate academic and non-academic skills. In this context, the institution provides ample opportunities to the students, majority of whom are hailing from rural backgrounds, to hone their capabilities and enter the world of opportunities with self-confidence. This objective is achieved through the various curricular and co-curricular and extracurricular initiatives of the institution.

The Practice

The practice works on two levels: (i) **Skill Training Initiatives** (ii) **Empowerment Initiatives**

1. **Skill Training Initiatives** were implemented under the aegis of NCC, NSS, Department Associations, Music and Choreography Club, Film Club, Fashion Designing Club, Women Empowerment Forum etc.: - Various training sessions on cake making, tattooing, hair dressing, vermicomposting, self-defense, dance and music, interview skills, yoga, brochure making, and career guidance classes were organised. Practical/technical sessions on LED bulb making, paper and cloth bag making were also arranged in collaboration with Rural Science and Technology Centre, Thuruthikara and National Skill Development Board, Pathanamthitta.
2. **Empowerment Initiatives** were carried out under the aegis of Women Empowerment Forum (Tharjani), Gender Justice Forum, Gender Sensitisation Forum (NAAM) etc.: - Interactive sessions and awareness programmes were arranged in collaboration with JCI, Women and Child Development Centre, Pathanamthitta, and Sakshi (NGO for children), which had been instrumental in imparting a sense of fellow-feeling and knowledge regarding legal protection, human rights, gender equity and gender inclusiveness, thus empowering the beneficiaries psychologically and emotionally.



ST. THOMAS COLLEGE, RANNI

Empowerment initiatives like WWS and SSP have catered to the students' needs for support in the curricular areas.



ST. THOMAS COLLEGE, RANNI

SKILL TRAINING INITIATIVES

2017-2022



ST. THOMAS COLLEGE, RANNI

2017-18

TALK ON MATHEMATICAL SKILLS

St. Thomas College, Ranni
(NAAC Accredited with 'B'Grade)

MATHZ UP

Mathematical talk on
Fuzzy Mathematics

on
2017 December 08

Speaker
Dr. Ginu Varghese
Asst. Professor
Assumption College Changanacherry

Organized by
Department of Mathematics
St. Thomas College
Ranny.

MATHZ UP

Sr/Madam

We are delighted to inform you that department of mathematics is organizing a mathematical talk on **Fuzzy mathematics** on **8th December 2017**. This programme is aimed to provide a foundation in various aspects in Fuzzy Mathematics.

We cordially invite you to the event.

With best regards

Principal: Dr. Lata Marina Varghese Co-ordinator: Ms. Shruthi Marlam David

Venue : Seminar Hall

SCHEDULE

10 am **INAUGURAL SESSION**

Welcome	Ms. Shruthi Marlam David Co-Ordinator & HOD
Presidential Address & Inauguration	Dr. Lata Marina Varghese Principal
Keynote Address	DR. GINU VARGHESE Asst. Professor, Assumption College, Changanacherry
Felicitation	Ms. Ranju Joseph Staff Association President & HOD of Commerce
Prize Distribution	Ms. Aravind S. Student, B DC Physics
Vote of Thanks	

10:45 am **ACADEMIC SESSION**

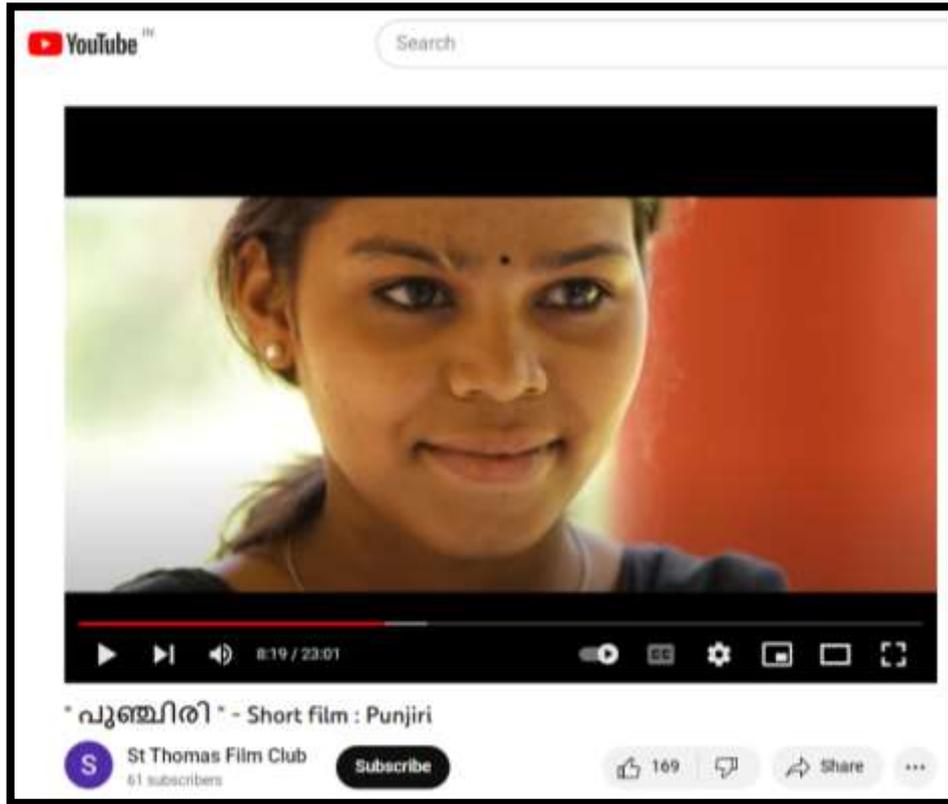
For More Details Contact
9496848775





ST. THOMAS COLLEGE, RANNI

SHORT FILM “PUNCHIRI” – AN INITIATIVE OF FILM CLUB



WEAPON TRAINING FOR NCC CADETS





ST. THOMAS COLLEGE, RANNI

TRAINING ON TAILORING





2018-19

HANDS-ON TRAINING IN BEAUTY MAKEUP AND HAIRSTYLING



TALENT SHOW BY MEMBERS OF MUSIC CLUB





ST. THOMAS COLLEGE, RANNI

TRAINING SESSION ON VERMICOMPOSTING



WEAPON TRAINING FOR NCC CADETS





ST. THOMAS COLLEGE, RANNI

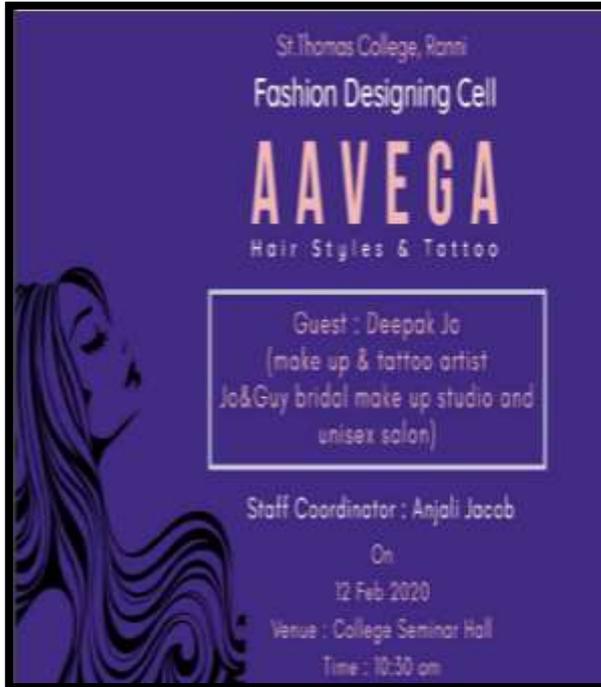
TRAINING ON ORGANIC FARMING





2019-20

SKILL TRAINING ON HAIRSTYLING AND TATTOOING



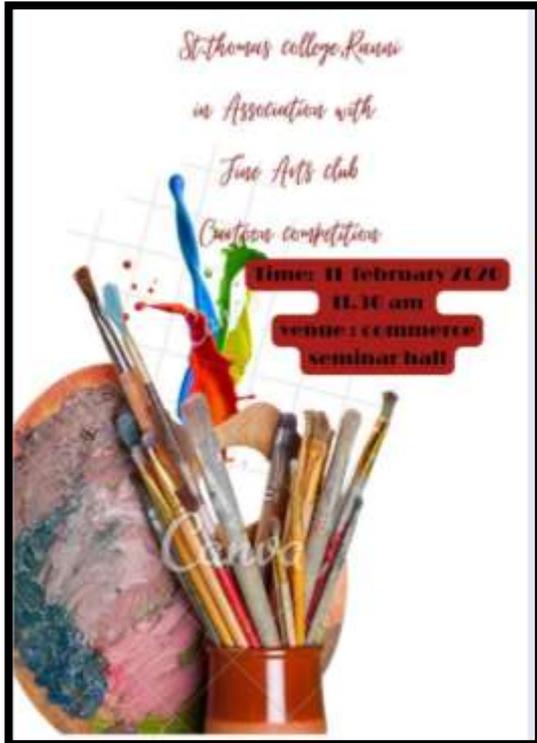
TRAINING SESSION ON COVID-19 MANAGEMENT SKILLS





ST. THOMAS COLLEGE, RANNI

SKILL ENHANCEMENT INITIATIVE-CARTOON COMPETITION



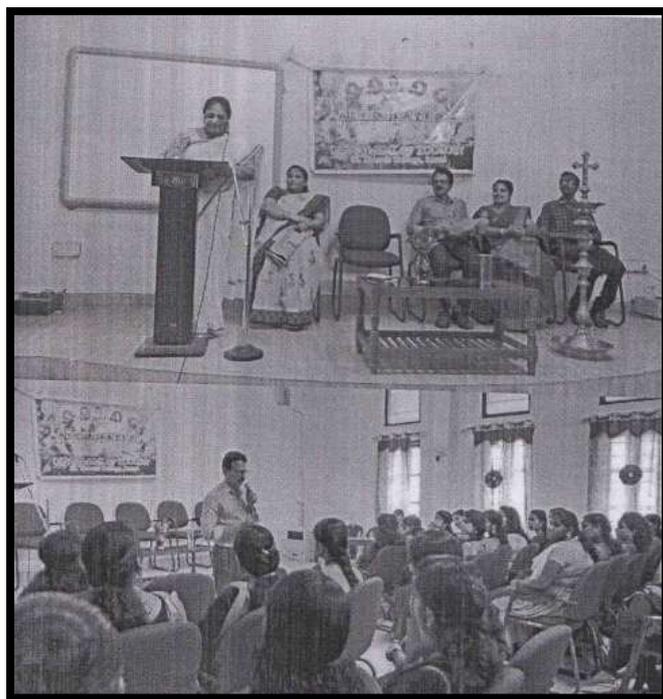
DANCING SKILLS ENRICHMENT-FLASH MOB BY MEMBERS OF THE CHOREOGRAPHY CLUB





ST. THOMAS COLLEGE, RANNI

ENRICHMENT OF JOB SKILLS-CAREER COUNSELLING IN BIOLOGICAL SCIENCES



HANDS-ON TRAINING IN LED BULB MAKING





HANDS-ON TRAINING IN MAKING ECO-FRIENDLY BAGS

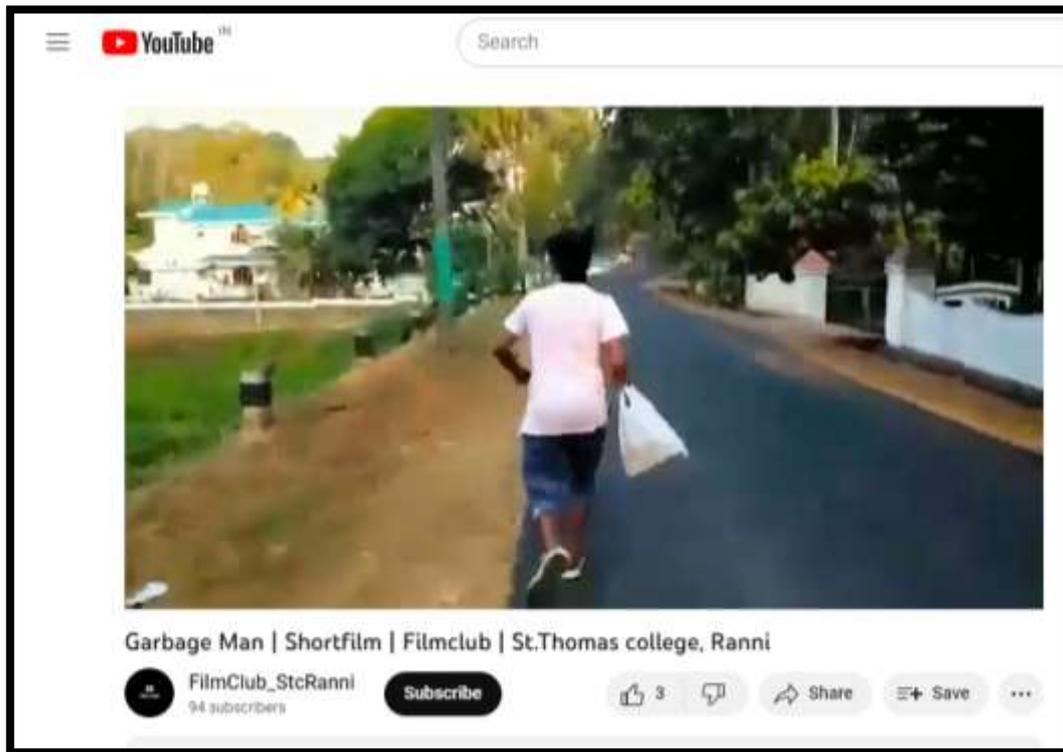


SHORT FILM “APOORNAM” – AN INITIATIVE OF FILM CLUB





SHORT FILM “GARBAGE MAN”-AN INITIATIVE OF FILM CLUB



SHORT FILM “MORTEM” – AN INITIATIVE OF FILM CLUB





SHORT FILM “NIRAL”- AN INITIATIVE OF FILM CLUB



TRAINING SESSION ON SOFT SKILL AND PRESENTATION SKILL





TRAINING ON JOURNAL ARTICLE REVIEWING



TRAINING SESSION ON LEARNING SKILLS





SKILL ENRICHMENT SESSION ON PERSONAL GROWTH



TRAINING SESSION ON LEARNING SKILLS





TRAINING SESSION ON WRITING SKILL



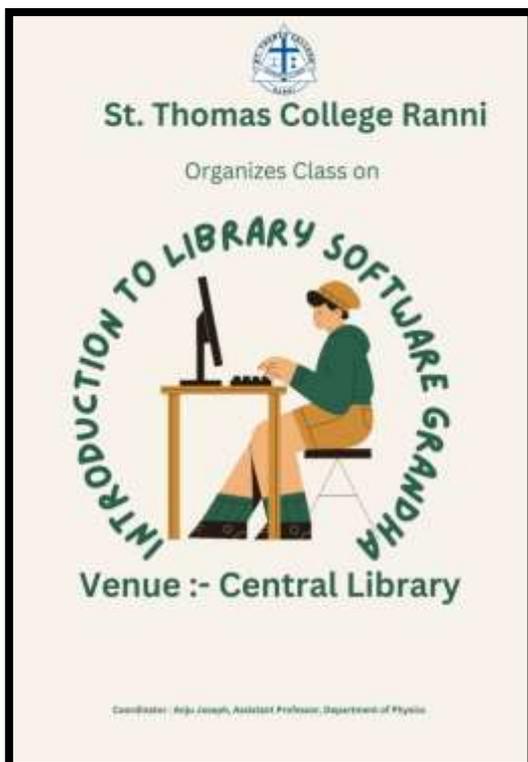
TRAINING SESSION ON SPEAKING & LISTENING SKILLS





ST. THOMAS COLLEGE, RANNI

TRAINING SESSION ON HOW TO USE LIBRARY SOFTWARE “GRANDHA”





2020-21

TRAINING PROGRAMME ON MOODLE LEARNING MANAGEMENT SYSTEM FOR TEACHING FACULTY

ST. THOMAS COLLEGE, RANNI
 NAAC re-accredited with B-grade
 Affiliated to Mahatma Gandhi University, Kottayam

DEPARTMENT OF PHYSICS
 INTERNAL QUALITY ASSURANCE CELL (IQAC)

In association with
 SPOKEN TUTORIAL PROGRAMME
 IIT BOMBAY

7 Day
FACULTY DEVELOPMENT
PROGRAMME ON
MOODLE LEARNING
MANAGEMENT SYSTEM

17-11-2020 to
23-11-2020

REGISTRATION
Rs. 590/- (Including GST) / Person
 Registration Ends on
14th November 2020

Moodle is a learning management system (LMS) in short which helps teachers and students create an online platform for more adaptive and customized learning.

Moodle has many built-in features ranging from the basics such as file upload, assignments, quizzes, notifications and advanced features such as forums, quiz, wiki etc that can be used by learners. It also has many easy-to-install plugins such as attendance, reminder, analytics etc. to supplement these features.

THIS PROGRAMME IS EXCLUSIVELY FOR FACULTY MEMBERS OF ST. THOMAS COLLEGE, RANNI

BENEFIT OF THE PROGRAMME
 Those who successfully complete this FDP will receive PARTICIPATION CERTIFICATE from SPOKEN TUTORIAL PROGRAMME IIT BOMBAY

PRINCIPAL: Dr. Aleyamma Kuruvilla
 COORDINATOR: Mr. Arjo Joseph (9001 84742778)
 CO-COORDINATOR: Dr. Marythya James (9495 303303) / Mr. Somyajoni K.S. (9848 711441)
 IQAC COORDINATOR: Dr. Raji Kishor

CERTIFICATE OF SPOKEN TUTORIALIST TRAINING

23rd November 2020

To,
Dr. Aleyamma Kuruvilla (Principal)
St. Thomas College, Ranni
Kerala, India.
Pin Code 689673.

We are delighted to provide your institute a Certificate depicting the Training you underwent for teachers (FDP). You engaged many learners right through the Covid period in taking the IIT Bombay- ST courses and acquiring powerful IT knowledge. This is under the partnership agreement between St. Thomas College, Ranni, Kerala and IIT Bombay- ST (Spoken Tutorial) Program powered by National Mission on Education through ICT, MHRD, Govt. of India.

The Faculty Development Program (FDP) was appreciated by Faculty Members. The duration was 17th November-23rd November 2020 and covered 34 faculty members. They were in full laud by their Institutes' management.

Again, in deep acknowledgement of your stellar efforts, We wish to collaborate many more times in the manner with you. We are grateful to Dr. Aleyamma Kuruvilla and Prof. Arjo Joseph (Event Coordinator) for their commendable work to coordinate this event.

Details of Participants enrolled in Software Training & Workshops under Spoken Tutorial.

Sr. No.	SOFTWARE COURSE	Participants
1.	MOODLE LMS	34

Yours Sincerely,

For and On behalf of

Mrs. Shyama Iyer
Spoken Tutorial Project, IIT Bombay



LETTER OF ASSOCIATION

To,
The Principal
St. Thomas College, Ranni
Kerala.

Date-17/02/2021

We are happy to announce the ASSOCIATION of Knowledge Partner Spoken Tutorial Program, IIT Bombay with St. Thomas College, Ranni. Your College is officially now an Academic Center-ITM for initiating Spoken Tutorial Training. The Program is a part of the National Mission on Education through ICT, MHRD, Govt. of India, to spread IT Literacy all over India. We are promoting the learning and usage of Free & Open Source Software (FOSS), through an Audio-Video teaching tool, viz, 'Spoken Tutorial'.

We support and motivate colleges to train students on Basic Computer Skills, Software and IT. The course and the training is offered for Rs. 236/student/course and Rs. 590/faculty/course including GST to the College.

You are making an outstanding contribution of using ICT based teaching and learning methodology for students of your College.

Yours Sincerely,

Spoken Tutorial,
Indian Institute of Technology Bombay

Shyama Iyer
Mrs. Shyama Iyer
NIT (Open Course) Team
Spoken Tutorial Support, IIT Bombay



ST. THOMAS COLLEGE, RANNI

TRAINING SESSION ON CAREER ADVANCEMENT AND PROMOTION FOR TEACHING FACULTY

ST. THOMAS COLLEGE, RANNI
STAFF CLUB

WEBINAR ON
"CAREER ADVANCEMENT AND PROMOTION"

Resource Person



Dr. A. S. Sumeesh
(Serial member MG University,
Asst. Prof., MES College, Nedumkandam)

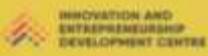
Dr. Veena S (President)
/Mrs. James (Secretary)
/S. Alana Devi (Treasurer)

Date: 23-10-2020, 1.30pm - 3.00pm
Platform: Google meet



FACULTY DEVELOPMENT PROGRAMME ON "ROLE OF TEACHERS IN INNOVATION AND ENTREPRENEURSHIP DEVELOPMENT"

IDEAGORA-INNOVATION AND ENTREPRENEURSHIP DEVELOPMENT CENTER (IEDC)
IN ASSOCIATION WITH
INTERNAL QUALITY ASSURANCE CELL (IQAC) AND STAFF CLUB
ST. THOMAS COLLEGE RANNI





ONE DAY FACULTY DEVELOPMENT PROGRAM ON
"ROLE OF TEACHERS IN INNOVATION AND ENTREPRENEURSHIP DEVELOPMENT"



Prof. Sherin Sam Jose
Chief Executive Officer, Startup Valley, Amal Jyothi TBI

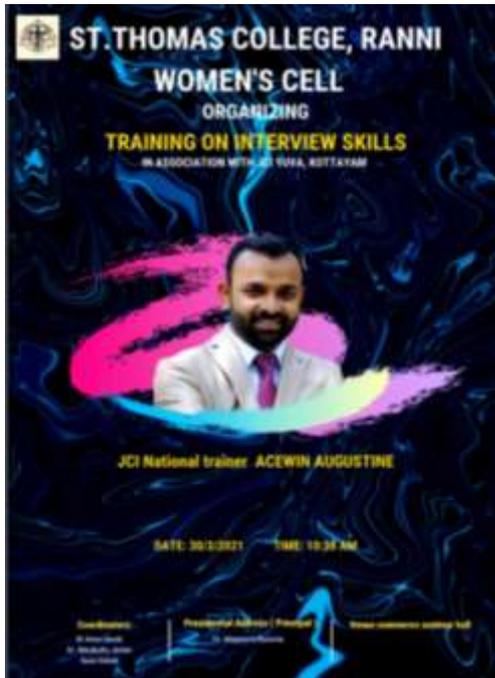
ORGANISING COMMITTEE :
PROF. DR. ALEYAMMA KIRUVILLA (PRINCIPAL)
CAPT. JOHN M GEORGE (VICE PRINCIPAL)
ASST. PROF. JERRO JAMES (NOVIAL OFFICER- IQAC AND SECRETARY - STAFF CLUB)
DR. RICHY INCIJULA (IQAC COORDINATOR)
DR. VEENA S (PRESIDENT - STAFF CLUB)
DR. S. ARUNA DEVI (TREASURER - STAFF CLUB)

DATE: 29TH DECEMBER 2020
TIME: 10:00AM
PLATFORM: GOOGLE MEET

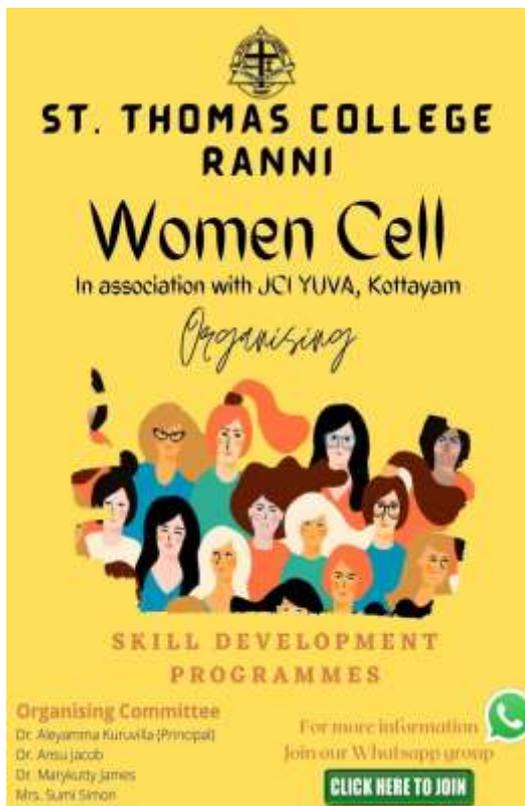


ST. THOMAS COLLEGE, RANNI

TRAINING ON INTERVIEW SKILLS



SKILL TRAINING SESSIONS ON INTERVIEW SKILLS, CAKE MAKING, JEWELLERY MAKING, EMBROIDERY AND DESIGNING



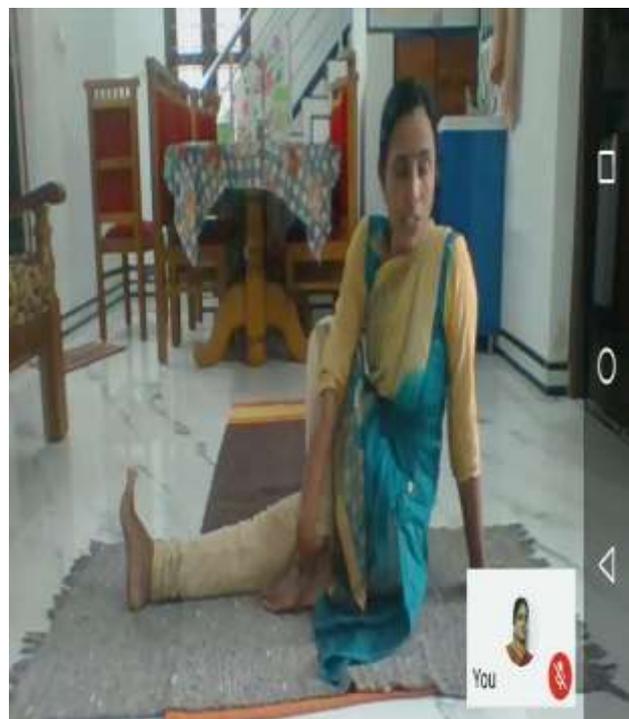
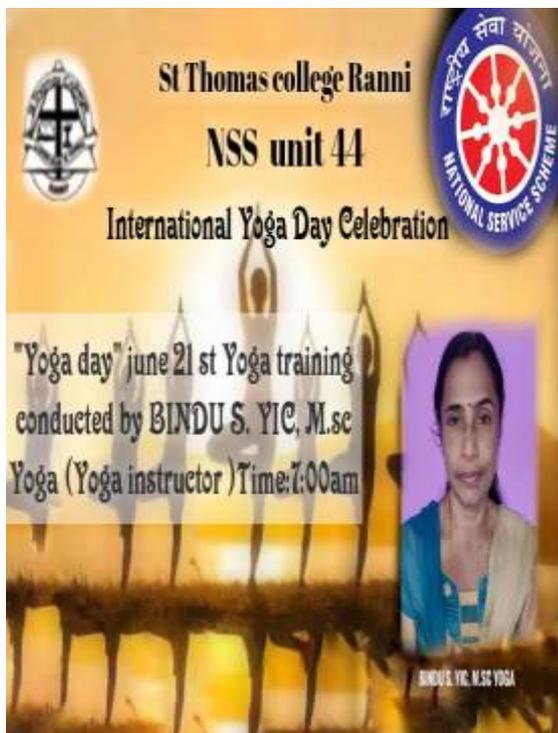


ST. THOMAS COLLEGE, RANNI

TRAINING ON VOTING



YOGA TRAINING

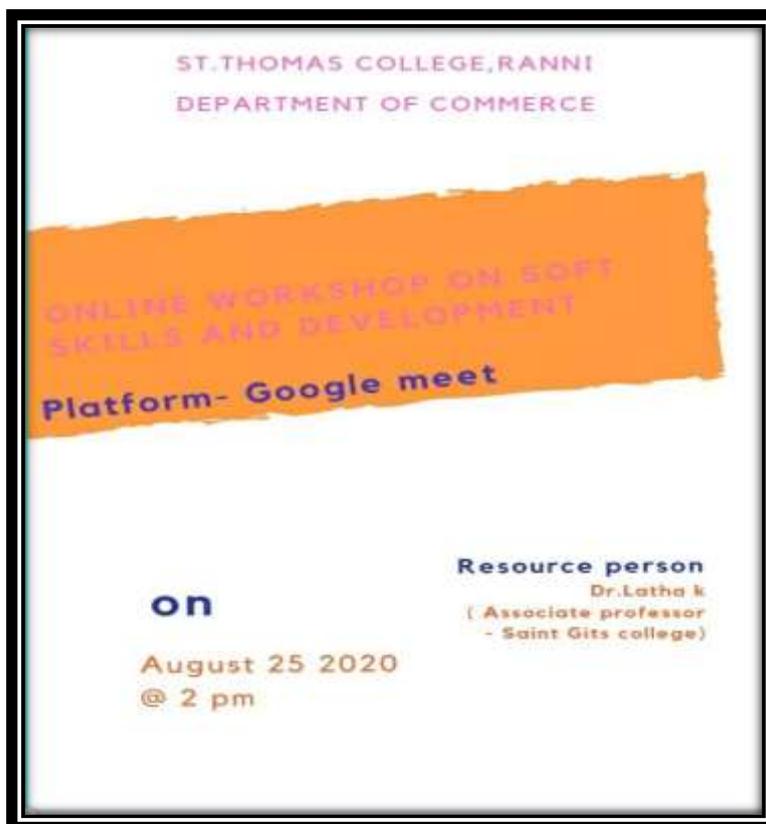




DANCING SKILL ENRICHMENT INITIATIVE-CHOREOGRAPHY CLUB



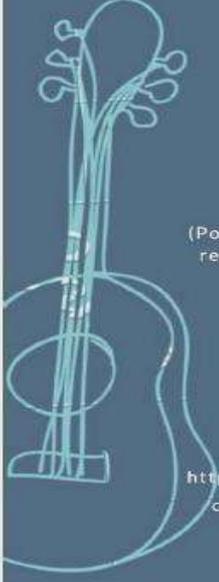
TRAINING SESSION ON SOFT SKILL DEVELOPMENT





ST. THOMAS COLLEGE, RANNI

TALK ON MUSIC SKILLS



St. Thomas college Ranni
Music club 2020
is
organising
A Webinar on

"Shower of Ragas"

A Musical talk by
Ms. Jayalakshmy R.



(Poet & Winner of Mambazham kavitha
reality show 2010 in Kairali channel)
Assistant Professor
N.S.S. Training College
Changanacherry

On 20th SEPTEMBER 2020
at 3.00 pm

Google meet Link:
<https://meet.google.com/bde-ozvj-fww>

COORDINATOR: MS. SHRUTHI MARIAM DAVID,
ASSISTANT PROFESSOR IN MATHEMATICS
ST. THOMAS COLLEGE RANNI
FOR MORE INFO, 9496848775

TALK ON HINDI SPEAKING SKILLS



हिंदी विभाग, सेंट थॉमस कॉलेज, रान्नी
हिंदी पखवाडा समारोह २०२०
द्विदिवसीय वेबिनार
**"हिंदी भाषा: अतीत, वर्तमान
और भविष्य"**

सितंबर १४-१५ दोपहर २ बजे

वक्ता:

१. डॉ. ज्योति बालकृष्णन (भूलपूर्व
हिंदी विभागाध्यक्षा, एन. एस.
एस हिंदू कॉलेज चंगनाशेरी)
२. डॉ. लेखा एम (सह-प्राध्यापिका एन.
एस. एस हिंदू कॉलेज चंगनाशेरी)

"निज भाषा उन्नति अहै, सब उन्नति को मूल"



ST. THOMAS COLLEGE, RANNI

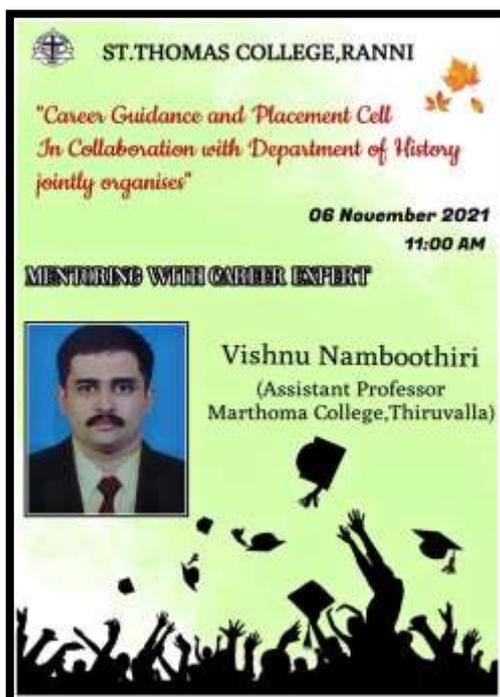
2021-22

DEPARTMENT WISE JOB SKILLS ENRICHMENT-MENTORING WITH CAREER EXPERTS (CAREER GUIDANCE AND PLACEMENT COMMITTEE INITIATIVE)

Department of Commerce



Department of History





ST. THOMAS COLLEGE, RANNI

Department of Zoology

ST. THOMAS COLLEGE
Ranni, Pathanamthitta, Kerala

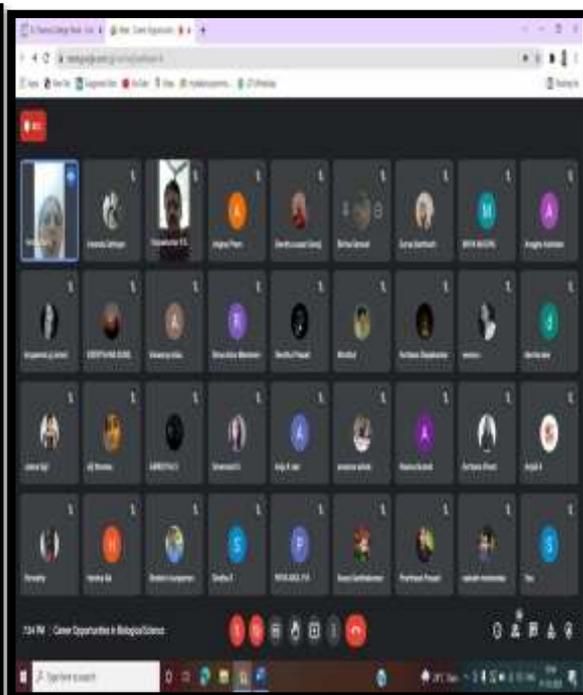
DEPARTMENT OF ZOOLOGY
Organizing mentoring with Career experts

**Career opportunities in Biological Science -
Scope and Challenges**



Dr. Gopakumar P S
Principal, SreeVijayananda
Vidyapeedom Aranmula,
and Counsellor

ON 11/ 10/ 2021  **GOOGLE MEET @7 :30 PM**



Department of Physics

Post Graduate Department of
physics in collaboration with
career Guidance and
Placement cell
organises

**MENTORING WITH CAREER
EXPERT**



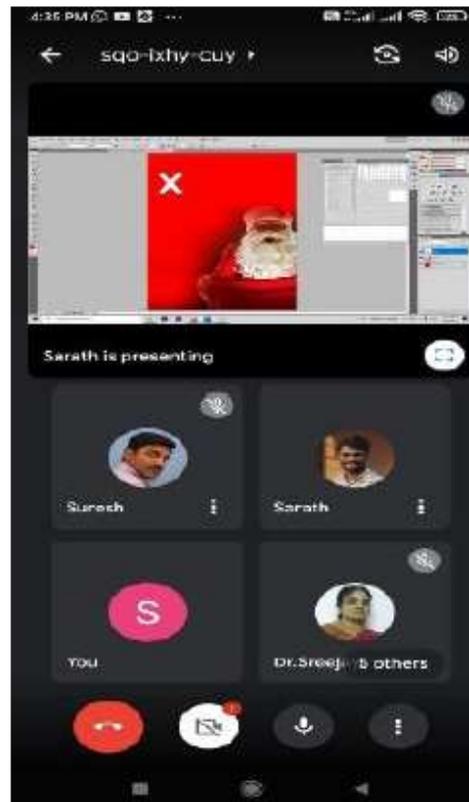
Dr Noble P Abraham
Assistant Professor
Mar Thoma College Thiruvalla

Date:13/01/2022
Time:11 AM
Venue: Seminar Hall

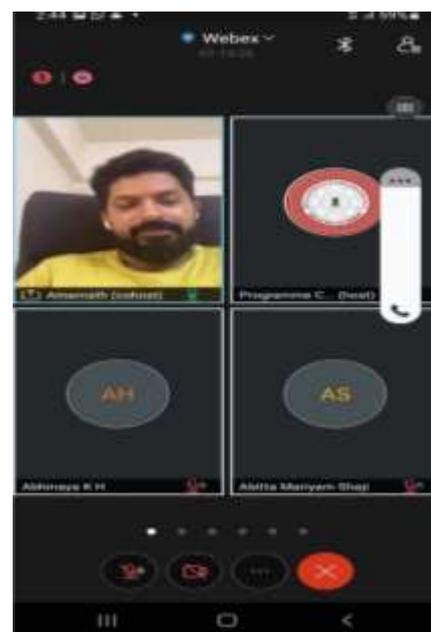




SKILL TRAINING SESSION ON BROCHURE DESIGNING



SESSION ON ENRICHMENT OF ENTREPRENEURIAL SKILLS





SESSION ON ENRICHMENT OF CAREER SKILLS IN FINANCE AND ACCOUNTS

VIDYARUPA
SCHOOL OF MANAGEMENT STUDIES
IMA Approved Learning Provider

Invites you all to the Webinar on CMA (US)

In Association with Department of Commerce
St.Thomas College, Ranni

"Explore career opportunities in Finance and Accounts"

Speaker
Mr. Balachandran C
Director - Vidyarupa School of Management Studies.

MONDAY
27th SEPTEMBER 2021
@ 10:00 AM

Free registration. For further details contact:
+91 70128 33400, +91 97472 33388
www.vidyarupa.org

Report
Webinar on CMA

Vidyarupa school of management studies in association with department of commerce, St. Thomas college Ranni was conducted a webinar on CMA on 27th September 2021. Webinar speech was delivered by Dr. Aruj. Arachan (MCA) Department of commerce, St. Thomas college, Ranni. Mr. Balachandran C. Director, Vidyarupa school of management studies was the speaker of the programme. Mrs. Sabina Mathew (Head department of commerce, St. Thomas college, Ranni) delivered vote of Thanks.

SENIGABARAN (MOL)
Assistant Professor
Dept. of Commerce
ST. Thomas College,
Ranni

SHORT FILM "ALLOW OR DENY" - FILM CLUB INITIATIVE

YouTube Search

Allow or Deny | Shortfilm | Filmclub | St. Thomas college, Ranni

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SHORT FILM “THE WOUND”- FILM CLUB INITIATIVE



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SHORT FILM “AVANAYIRUNNU”- FILM CLUB INITIATIVE



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ST. THOMAS COLLEGE, RANNI

SPEAKING SKILL ENHANCEMENT INITIATIVES-COMMUNICATIVE PROGRAMME CELL

ST THOMAS COLLEGE , RANNI
COMMUNICATIVE PROGRAMME CELL

JUST A MINUTE



"If you can speak , you can influence.
 If you can influence, you can change lives."

 16 December 2021	Student coordinator: Vinayak A (95266 45018)
 10 :30 a.m.	Teacher coordinators : Elena Sajjan (9496322369) Renjini Reji (98931 69612)
Venue : Seminar Hall	

ST. THOMAS COLLEGE, RANNI
COMMUNICATIVE PROGRAMME CELL

EXTEMPORE SPEECH COMPETITION



Venue : Seminar Hall (Main block)	COORDINATORS : ASst. Prof. Elena Sajjan ASst. Prof. Anjali Shaji ASst. Prof. Renjini Reji
Time : 1:30 PM	STUDENT COORDINATORS : Vinayak A- 9526645018 Emilda Binu- 6590593970
Date : 10 MARCH 2022	



ST. THOMAS COLLEGE, RANNI

SKILL TRAINING SESSION ON FIRST AID AND RESCUE OPERATION



TRAINING CLASS ON THESIS WRITING, PRESENTATION AND TYPESETTING

ST. THOMAS COLLEGE, RANNI
(Accredited By NAAC With B Grade)
PG DEPARTMENT OF CHEMISTRY

Organizing
Student development programme

"THESIS WRITING AND DATA PRESENTATION AND TYPESETTING USING SOFTWARE L^AT_EX"

Resource person:-



SARIN C R
(Assistant professor, Dept of EEE
Vimal jyothis engineering college)
RESEARCH SCHOLAR, VIT VELLORE

TIME:-
1:00 PM TO 4:00 PM

DATE:-
31/08/2021 & 01/09/2021

PLATFORM:-
GOOGLE MEET

TARGET GROUP:-
PG STUDENTS &
RESEARCH SCHOLARS

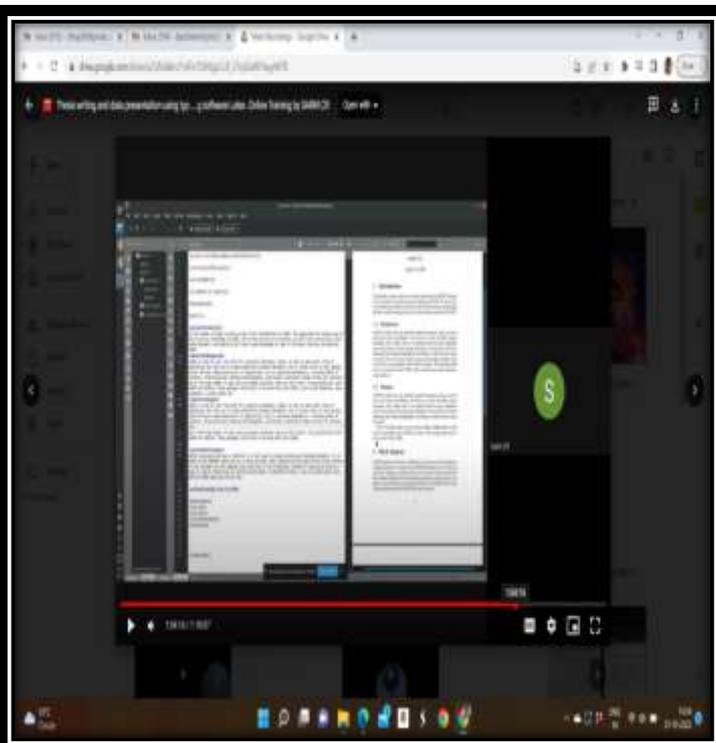
For free registration click here
Join whatsapp group 

Organising committee:-

- Dr. Alexamma Kizhupattai (PRESIDENT)
- Dr. Anu Jaisak (VICE)
- Renu Mathew
- Haripriya V.
- Chinjal Isath
- Mathew Kuruvilla

Coordinators:-
Bincy Francis
(9947959844)
Sweetha C.

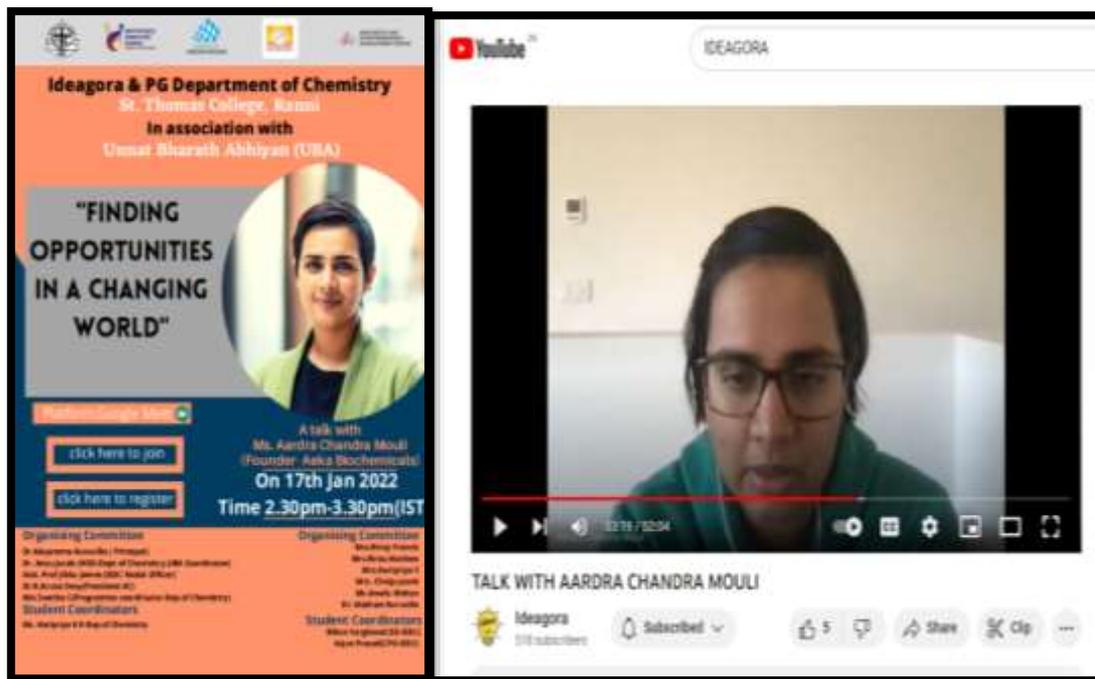
Student coordinator:-
Arjun Pamkka





ST. THOMAS COLLEGE, RANNI

TALK ON OPPORTUNITIES AND ADAPTABILITY SKILLS IN A CHANGING WORLD

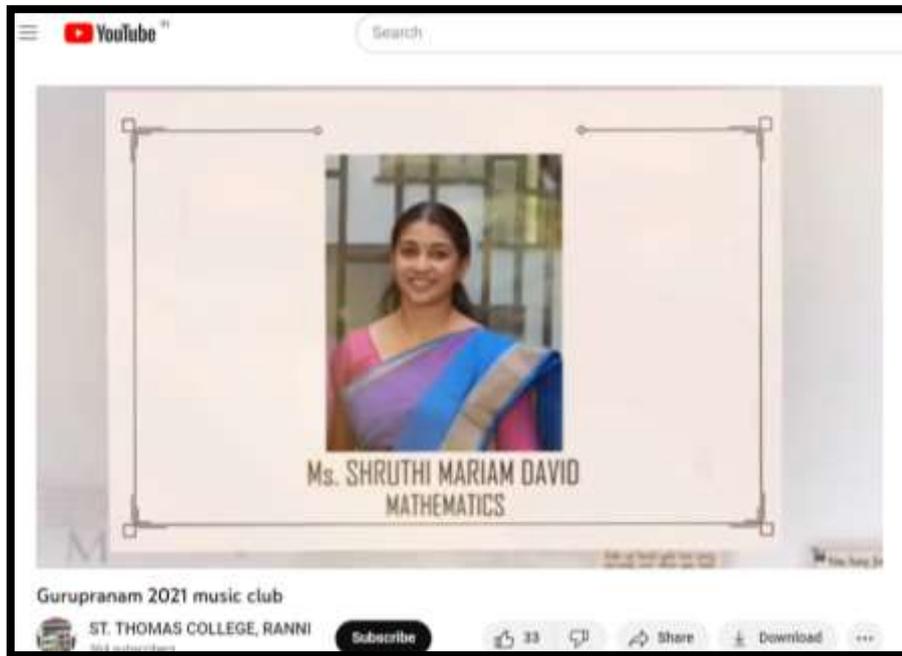


GURUVANDANAM 2021-DANCING SKILL ENRICHMENT INITIATIVE BY CHOREOGRAPHY CLUB





GURUPRANAMAM 2021-MUSIC SKILL ENHANCEMENT INITIATIVE BY MUSIC CLUB



ONAM DANCE 2021-DANCING SKILL ENHANCEMENT INITIATIVE BY CHOREOGRAPHY CLUB





ST. THOMAS COLLEGE, RANNI

TRAINING CLASS ON CAKE MAKING

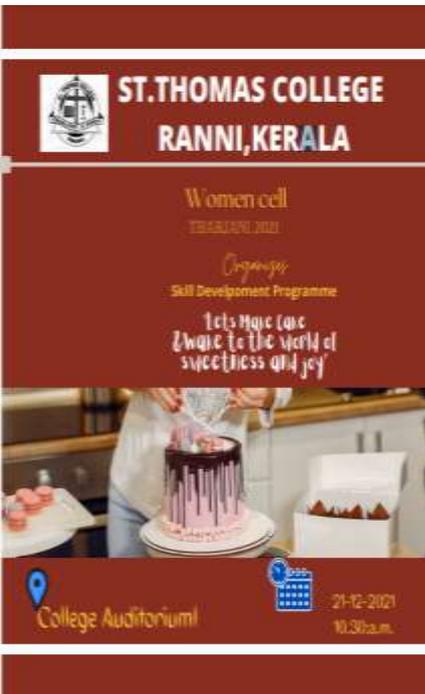
Trainer



Mrs. Manjima M.M.
Assistant Professor
Mount Zion Engineering College
Kadambanpeta

Organizing Committee

Dr. Aleyamma Kuravilla (Principal)
Dr. Deepika M (Secretary)
Mrs. Rinta Mathew (Coordinator)
Dr. Marykathy James (Treasurer)
Honorable K.R (Student Coordinator)



ST. THOMAS COLLEGE
RANNI, KERALA

Women cell
TRAINING 2021

Organizes
Skill Development Programme

Let's Make cake
Share to the world of
sweetness and joy

College Auditorium | 21-12-2021
10.30a.m.



TRAINING CLASS ON HAIR STYLING AND EYEBROW DESIGNING

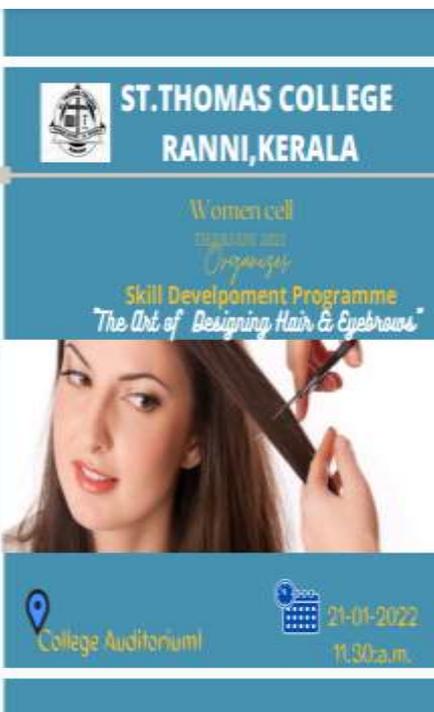
Trainer



Mrs. Shyni Rajeev
Beautician and Hair Stylist
Vani Beauty Parlour
Ranni

Organizing Committee

Dr. Aleyamma Kuravilla (Principal)
Dr. Deepika M (Secretary)
Mrs. Rinta Mathew (Coordinator)
Dr. Marykathy James (Treasurer)
Honorable K.R (Student Coordinator)



ST. THOMAS COLLEGE
RANNI, KERALA

Women cell
TRAINING 2022

Organizes
Skill Development Programme

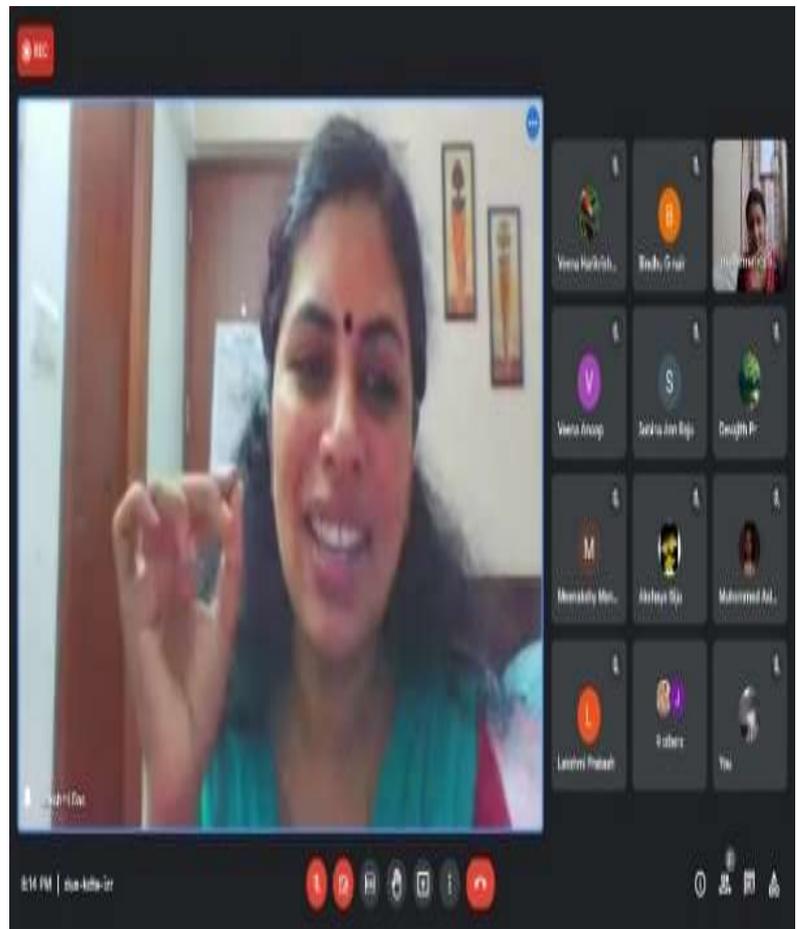
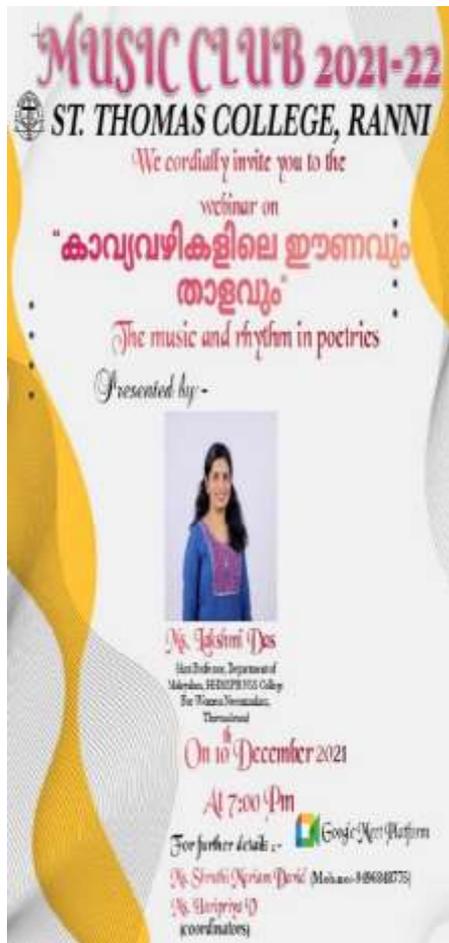
The Art of "Designing Hair & Eyebrows"

College Auditorium | 21-01-2022
11.30a.m.





TALK ON POETRY AND MUSIC SKILLS-MUSIC CLUB INITIATIVE





ST. THOMAS COLLEGE, RANNI

EMPOWERMENT INITIATIVES

2017-22



ST. THOMAS COLLEGE, RANNI

2017-2018

ORIENTATION SESSION FOR 1ST YEAR STUDENTS





EXCELSIOR-MERIT DAY: FELICITATING THE TOPPERS



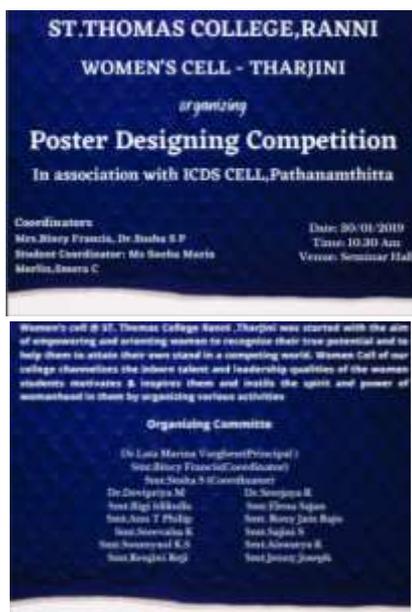


2018-19

TRAINING SESSION ON BUILDING CONFIDENCE AND POSITIVE SELF-IMAGE



WOMEN EMPOWERMENT INITIATIVE-POSTER DESIGNING COMPETITION





WOMEN EMPOWERMENT INITIATIVE-BREAST CANCER AWARENESS SESSION



POSTER DESIGNING COMPETITION THEMED ON “WOMEN-PAST, PRESENT, FUTURE





**CLASSES ON DRUG ADDICTION, PERSONALITY DEVELOPMENT AND ON
VARIOUS NEW GENERATION THOUGHTS**





ST. THOMAS COLLEGE, RANNI

2019-20

SELF DEFENSE CLASS FOR WOMEN



DEBATE SERIES ON GENDER EQUALITY

ST. THOMAS COLLEGE, RANNI
Women's Cell-Tharjini
Organizing

Freedom is hammered out on the anvil of discussion dissent and debate

Hubert H Humphrey

Date :21/01/2019-26/01/2019
Time :1.30 PM
Venue :Seminar Hall

Debate Series on Gender Equality

Contact Coordinators
 Smt.Bincy Francis
 Dr.Susha S.P

Student Coordinators
 Sneha Maria Merlin
 Smeera C





ST. THOMAS COLLEGE, RANNI

SESSION ON LEADERSHIP AND VOLUNTEERISM

 **St. Thomas College Ranni**

Organises

**LEADERSHIP AND VOLUNTARISM
ORIENTATION PROGRAMME FOR FIRST-YEAR**

Key Note Speaker	- Dr. ACS Sand (PhD) Associate professor, Catholicate College, Paluvayalathil
Date	- 27 July 2020
Venue	- Seminar Hall
Time	- 9 am

Coordinators - Dr. Sreejaya R (Zoology)
Dr. Vinod Kumar T G (Botany)



TRAINING SESSION HOW TO DEVELOP SCIENTIFIC TEMPER





ST. THOMAS COLLEGE, RANNI

SESSION ON ART AND SELF-DEVELOPMENT



STUDENT ENRICHMENT PROGRAMME ON GOAL SETTING



ST. THOMAS COLLEGE, RANNI		
National Enrichment Session (NWS) Programme		
(2019-2020 - 2019-2020)		
Sl. No.	Name	Signature
1	Abhishek K. K.	[Signature]
2	Abhishek P. P.	[Signature]
3	Abhishek S. S.	[Signature]
4	Abhishek T. T.	[Signature]
5	Abhishek U. U.	[Signature]
6	Abhishek V. V.	[Signature]
7	Abhishek W. W.	[Signature]
8	Abhishek X. X.	[Signature]
9	Abhishek Y. Y.	[Signature]
10	Abhishek Z. Z.	[Signature]
11	Abhishek A. A.	[Signature]
12	Abhishek B. B.	[Signature]
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14	Abhishek D. D.	[Signature]
15	Abhishek E. E.	[Signature]
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19	Abhishek I. I.	[Signature]
20	Abhishek J. J.	[Signature]
21	Abhishek K. K.	[Signature]
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29	Abhishek S. S.	[Signature]
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93	Abhishek E. E.	[Signature]
94	Abhishek F. F.	[Signature]
95	Abhishek G. G.	[Signature]
96	Abhishek H. H.	[Signature]
97	Abhishek I. I.	[Signature]
98	Abhishek J. J.	[Signature]
99	Abhishek K. K.	[Signature]
100	Abhishek L. L.	[Signature]



ST. THOMAS COLLEGE, RANNI

SESSION ON DRUG ABUSE

St. Thomas College Ranni

**A Seminar on
Anti Narcotic Awareness**

Resource Person : Sri. Santhosh Kurmar,
Preventive officer
Excise department, Ranni

Date : 21-12-2019

**STAY AWAY
FROM DRUGS**

Coordinators :- Dr. Sreejaya R (Department of Zoology)
Dr. Vinod Kumar G (Department of Botany)



COVID-19-AWARENESS SESSION

St. Thomas College Ranni

Chemistry Association
organizing
An Awareness on Covid-19

RESOURCE PERSON: SRI.VINOD KUMAR
HEALTH INSPECTOR
PHC MAKKAPPUZHA

Organizing Committee

Dr. Lata Manja Varghese (Principal)
Dr. Mathew Kappulla (Coordinator)
Dr. Anus Jacob (HOD of Chemistry)
Sri. Binny Francis
Sri. Anus Mathew
Sri. Harpreet V
Sri. Seetha C

Date: 11/02/2020
Time : 11:30 a.m
Venue: College Seminar Hall





ST. THOMAS COLLEGE, RANNI

2020-21

GENDER SENSITISATION INITIATIVE

ST. THOMAS COLLEGE, RANNI
IQAC
IN COLLABORATION WITH
WOMEN'S CELL
ORGANISED A WEBINAR ON

GENDER SENSITIZATION-"NAAM"

Resource Person:
Adv. Smitha Chand
(Legal Counsellor, Govt. Mahila Mandiram
Kozhencherry, Pathanamthitta)

Date: 14th November 2020
Saturday@11.00am

Platform: Google Meet

Faculty Coordinators: Dr. Rigg Idiculla, Dr. Anni Jacob

Scan the QR code to join

Google Meet link:
<https://meet.google.com/fqp-gbnh-mso>

WhatsApp number: 94471 30001

OBSERVANCE OF INTERNATIONAL DAY FOR THE ELIMINATION OF VIOLENCE AGAINST WOMEN

25
NOVEMBER

International Day For
"The Elimination of Violence
Against Women"

IQAC & NSS
Organises an
Elocution Competition

"Women"
the real
ARCHITECTS of
society

ST. Thomas College Ranni

Registration link **CONTACT US**

<https://forms.gle/IBCwHTIKrJP825eV8> Dr. Rigg Idiculla: 8547515383 Dr. Sreejaya R: 8486414518

Last date of registration: 28 NOV 2020



SESSION ON CANCER PREVENTION AND HEALTHY LIFESTYLE

ONLINE WEBINAR

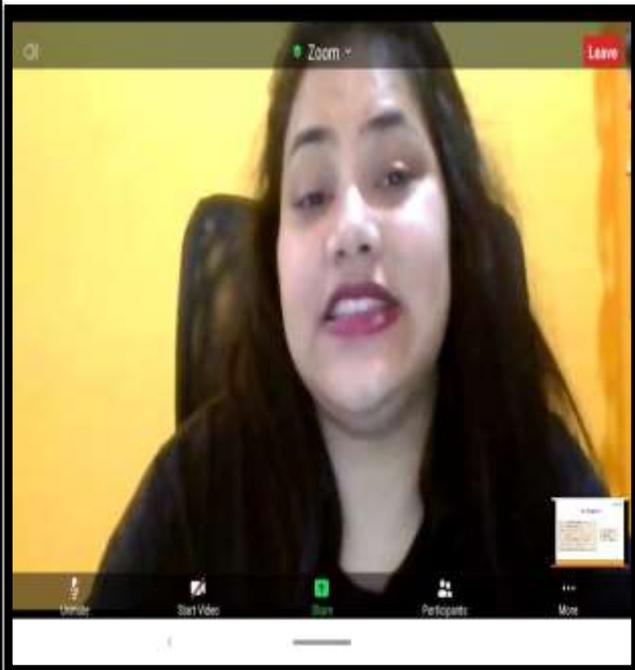
Sanjeevani life beyond cancer & Nss unit No.44 St.Thomas College Ranni

Key Speaker: **Sumki Begum**

January 16
Saturday
5.00 PM

"cancer prevention and healthy lifestyle"

JOIN NOW

SESSION ON PSYCHOLOGICAL CHALLENGES FACED BY WOMEN

ST. THOMAS COLLEGE, RANNI

IQAC & DEPARTMENT OF HISTORY

In collaboration with

ONE STOP CENTRE & WOMEN PROTECTION OFFICE
(Women & Child development department, Pathanamthitta)

Organises a webinar on

"THE PSYCHOLOGICAL CHALLENGES FACED BY WOMEN"

Resource person
Smt. Priya Varghese
(Clinical psychologist, Thiruvalla RCJ licenced)

March 08 2021
Monday at 12:30 pm

Platform : Google meet

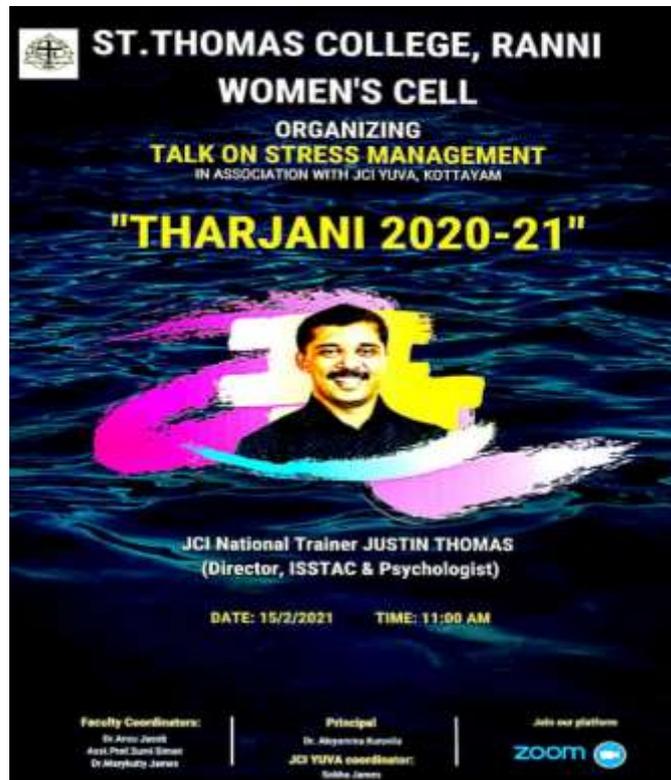
Dr. Aleyamma Kuruvilla (Principal) Smt. Ojini Susan Chacko (One Stop centre counsellor)

Faculty coordinators
Dr. Riji Idicula
Dr. Deepa Rosalin Joseph
Dr. Susha S.F
Asst. Prof. Anish. M. Abraham

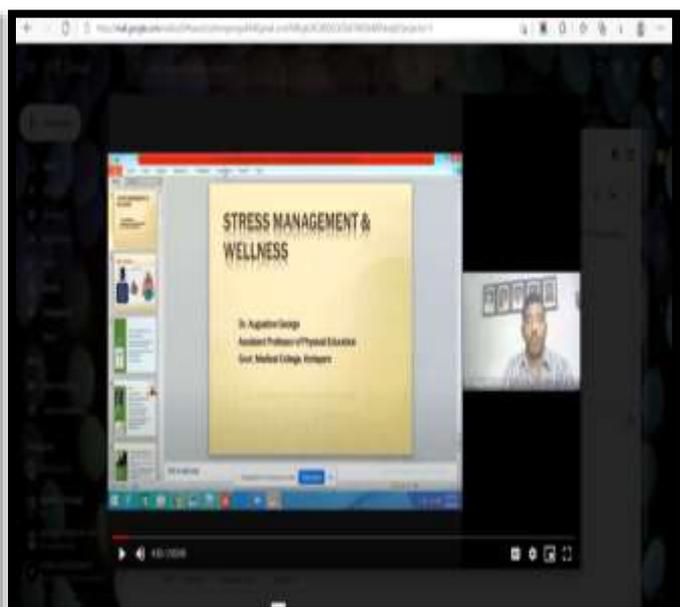
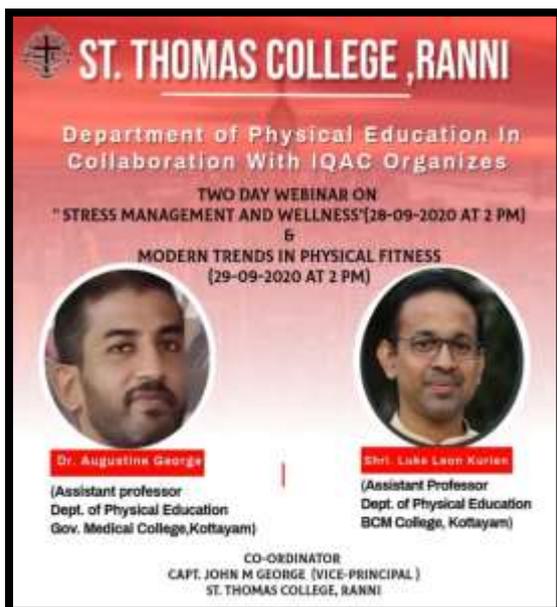




TALK ON STRESS MANAGEMENT



SESSION ON STRESS MANAGEMENT AND PHYSICAL FITNESS





St. Thomas College
Ranni
WOMEN CELL

COORDINATES 
Menstrual Hygiene



Resource Person
Dr. Sr. Mariya Rose
HOD, Department of Chemistry
St. Joseph College
Moolamattom

On 30/3/2021
@ 2:00 p.m.
on



[CLICK HERE TO JOIN](#)



2:17    

← bjy-abih-fvq ▶  



Vishnupriya C B joined


You Chemistry Marykutty 45 others



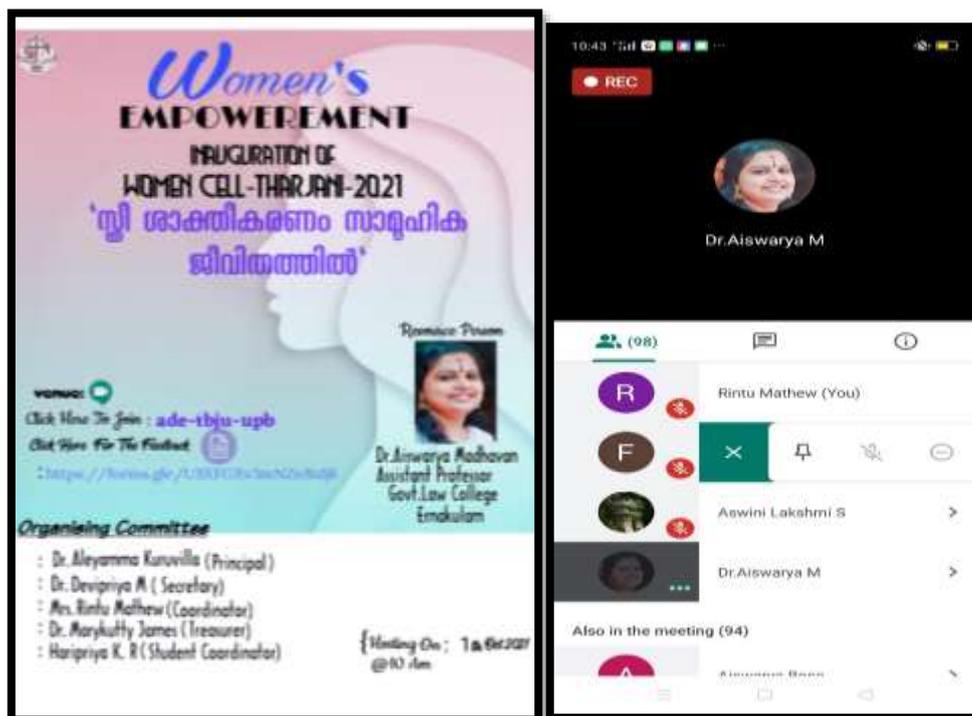


2021-22

SESSION ON “DOWRY SYSTEM: A GROWING MENACE TO WOMEN”



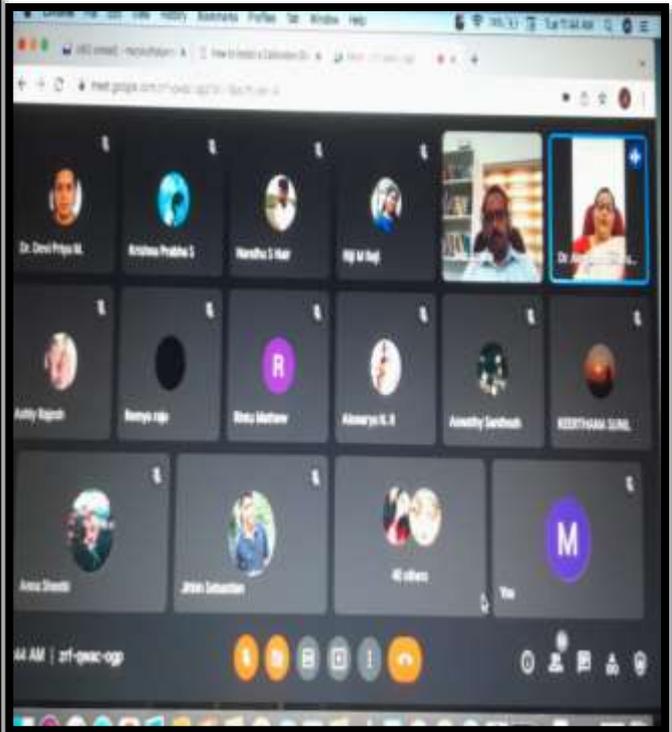
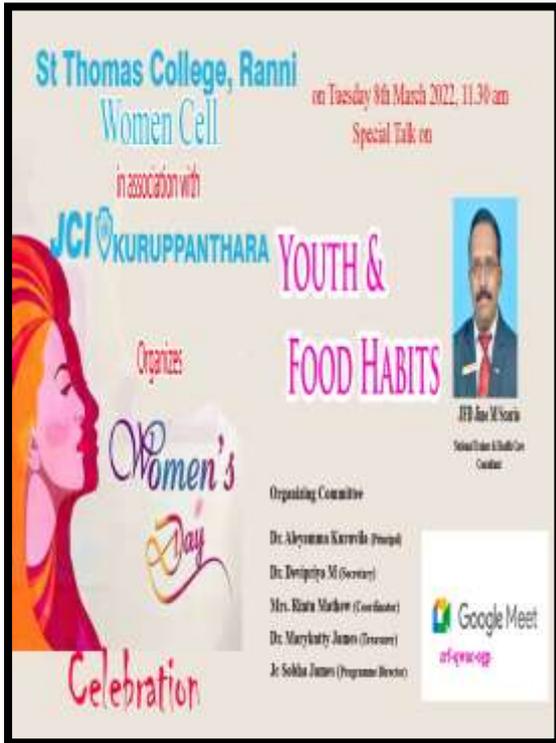
TALK ON WOMEN EMPOWERMENT



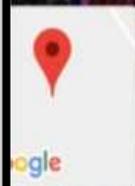


ST. THOMAS COLLEGE, RANNI

TALK ON YOUTH AND FOOD HABITS



INTERNATIONAL WOMEN'S DAY CELEBRATION-PAPER PRESENTATION COMPETITION



Pathanamthitta, Kerala, India
Unnamed Road, Kerala 689672, India
Lat 9.354218°
Long 76.792618°
08/03/22 01:15 PM



ST. THOMAS COLLEGE, RANNI

NATIONAL YOUTH DAY CELEBRATION

ST. THOMAS COLLEGE RANNI
 Department of History
 in Collaboration with
 Sree Rama Krishna Mission
National Youth Day Celebration
 Webinar on
 "Youth and Patriotism: Perspectives of
 Swami Vivekananda"
 On 12th January 2022
 At 2pm
 Platform: Google Meet
 Resource Person: Dr. P. Rajesh Kumar
 (Associate professor Govt. Sanskrit College,
 Thiruvananthapuram)
 Organizing Committee: Dr. Deepa Roselin Joseph (HOD)
 Coordinator: Anish P Abraham, Dr. Susha SP

SHORT FILM CONTEST – THEME: “SAY NO TO DOWRY”

ST. THOMAS COLLEGE, RANNI, KERALA
 EK BHARATH SHRESHTHA BHARATH
ONE MINUTE SHORT FILM CONTEST
 THEME : SAY NO TO DOWRY
 1ST PRIZE ₹1000 2ND PRIZE ₹750 3RD PRIZE ₹500
 SEND YOUR ENTRIES TO:
 VIMAYAN A, 9516845010 | EMILDA BINU, 9590392970
 BEFORE AUGUST 27
 ORGANISING COMMITTEE
 DR. ALEYANNA KUTTYVILLA (PRINCIPAL) |
 ASST. PROF. ANEETA CHINNU JOSEPH (COORDINATOR)

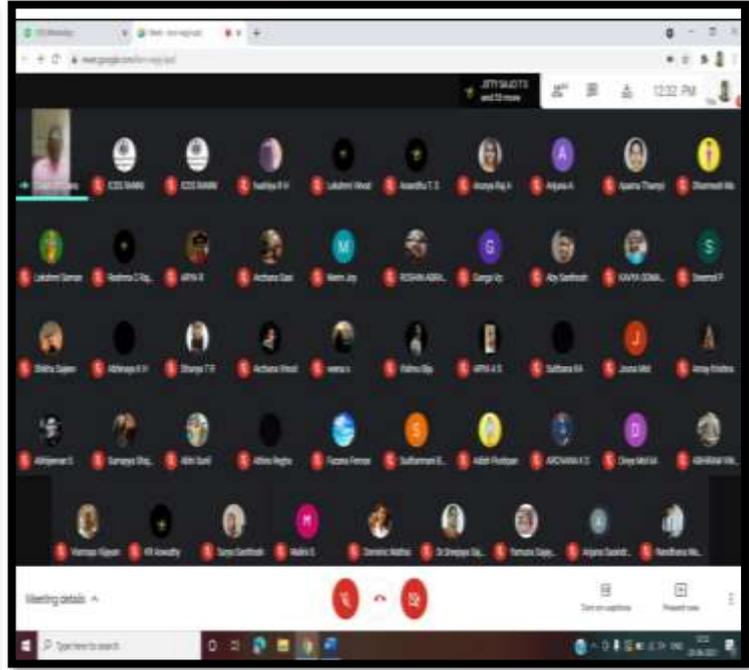
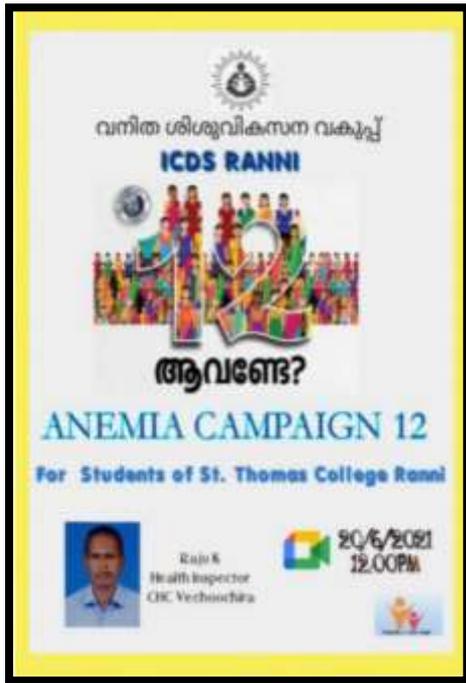
ST. THOMAS COLLEGE RANNI, KERALA
 EK BHARATH SHRESHTHA BHARATH
SHORT FILM CONTEST WINNERS
 1st: VEET SANKARAN II DC ZINDAGIYI ₹1000/-
 2nd: ABHIRAM S II DC CHIRIYETTY ₹750/-
 3rd: PRINCE SB II DC ZINDAGIYI ₹500/-
 congratulations



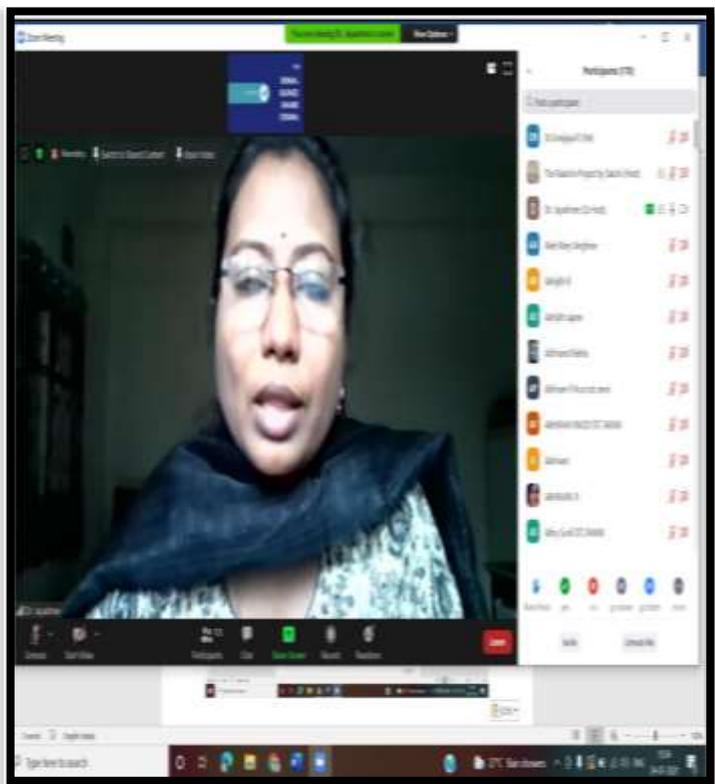
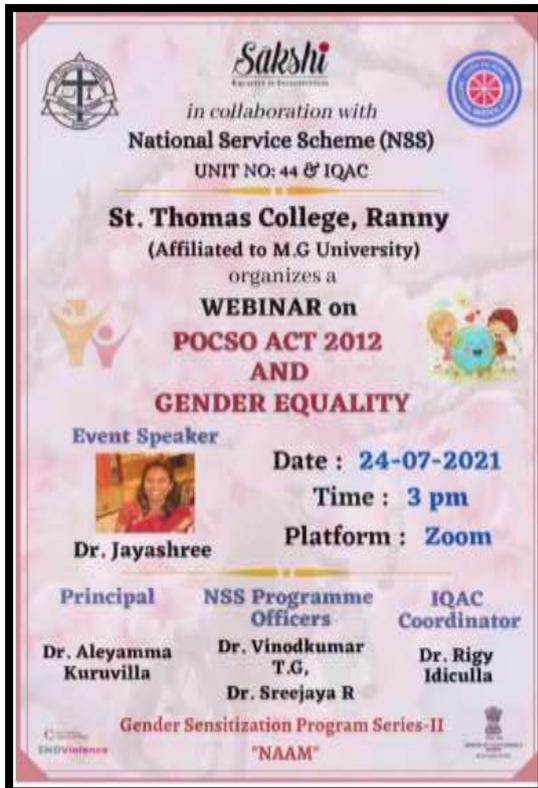


ST. THOMAS COLLEGE, RANNI

ANEMIA CAMPAIGN



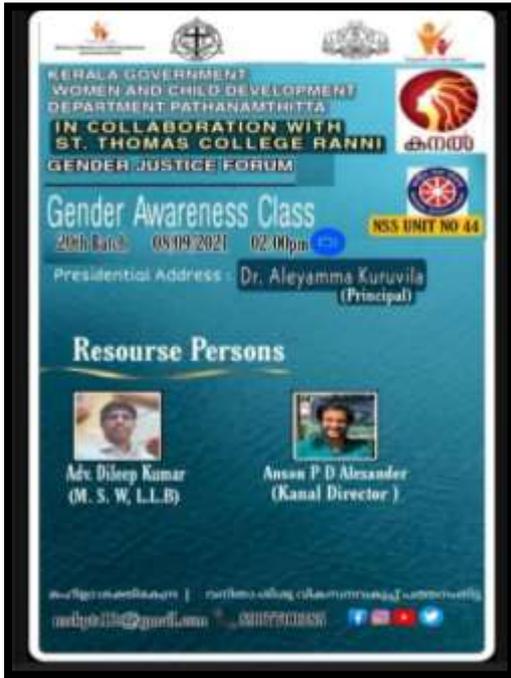
SESSION ON POCSO ACT AND GENDER EQUALITY



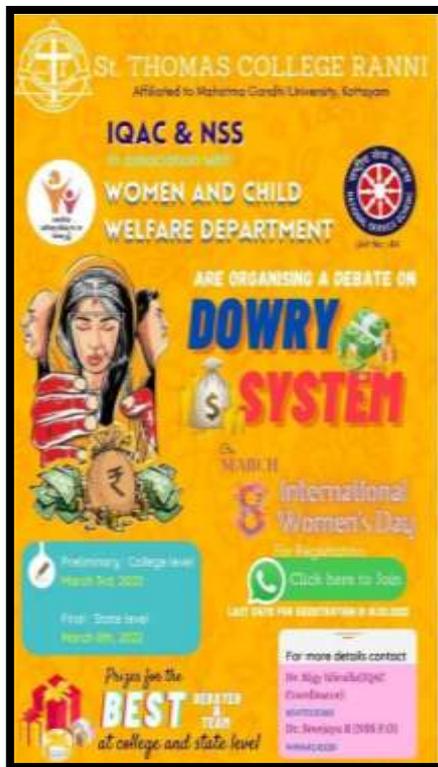


ST. THOMAS COLLEGE, RANNI

SESSION ON GENDER AWARENESS



DEBATE COMPETITION ON DOWRY SYSTEM





ST. THOMAS COLLEGE, RANNI

SESSION ON “GREENING THE YOUNG MINDS FOR A SUSTAINABLE FUTURE

ST. THOMAS COLLEGE, RANNI
DEPARTMENT OF ECONOMICS

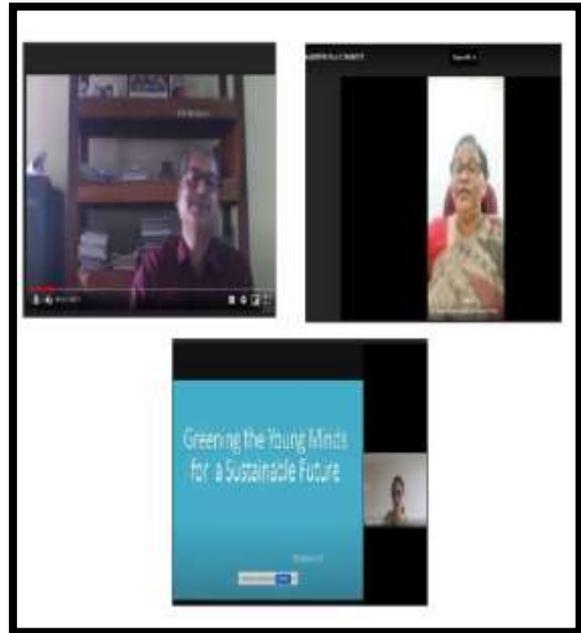
**ASSOCIATION INAUGURATION
AND
ONE DAY WORKSHOP ON**

*Greening the
Young Minds for a
Sustainable Future*

RESOURCE PERSON
Ms. Suzanna Oommen
(ASSISTANT PROFESSOR, HOD, DEPARTMENT OF ECONOMICS,
MARIAN COLLEGE KUTTIKANAM (AUTONOMOUS))

ORGANISING COMMITTEE
Prof. Benny George (HOD & CO-CONVENOR)
Dr. Sajini S (JOINT CO-CONVENOR)
Asst. Prof. Ranjini Raji (JOINT CO-CONVENOR)

ON OCT 08 AT 1:30 - 3:30PM PLATFORM : GOOGLE MEET



INTERNATIONAL WOMEN’S DAY CELEBRATION-BADGE MAKING COMPETITION

ST THOMAS COLLEGE RANNI
NATIONAL SERVICE SCHEME
UNIT No: 44

അവൾ

ഈ വനിതാ ദിനത്തിൽ നിങ്ങളുടെ ജീവിതത്തിൽ എന്തൊരു കുടുമതൽ സ്വാധീനിച്ച വനിതയെ കുറിച്ച് എഴുതൂ...

എന്തെങ്കിലും തിങ്ങളയായ NSS ചിഹ്നമാകാൻ എന്തെങ്കിലും

Drop your entries before tomorrow 3.00 PM

ഹാപ്പി വുമൺസ് ഡേ സമാഹാരങ്ങൾ

St. Thomas College Ranni
NSS UNIT: 44

BADGE MAKING

on the occasion of

INTERNATIONAL WOMEN'S DAY

"STAY STRONG. STAND UP. HAVE A VOICE"

Competition is Conducted in Seminar Hall 12:45pm to 1:30pm

Instructions :

- 1) Bring scale, pen and pencil
- 2) Chart papers will be given on the time of competition

For more details contact
Athira Raghunath
Ph No. 7510386479



ST. THOMAS COLLEGE, RANNI

MOTIVATIONAL TALK

St. Thomas College, Ranni
Organizes
MOTIVATIONAL TALK
Key Note Speaker: Prof. Santhosh K. Thomas
Manager
St. Thomas College, Ranni
Date: 24-2-2021
Organizing Committee: Dr. Aleyamma Kuvilla
Coordinators: Dr. Sheeja R & Dr. Vinod Kumar TG



St. Thomas College, Ranni
Invited Motivational Talk on
A Dynamic Hour
By,
Mr. Vinod Kumar G
Health Inspector,
PHC, Pazhavangadi
27-12-2021
College Auditorium
11:30 am
Organizing Committee: Dr. Aleyamma Kuvilla
Coordinators: Dr. Sheeja R & Dr. Vinod Kumar TG





TALK ON VOLUNTEERISM

**ST. THOMAS COLLEGE,
RANNI**

Invited Talk on
“Volunteerism and A Volunteer”



By
Dr. Sajeshkumar N K
Assistant Professor, Former NSS PO
Mar Augusthinose College, Ramapuram

Venue :- College Auditorium
Date :- 28-12-2021
Time :- 11 am

Organizing Committee :- Dr. Aleyamma Kuruville
Coordinators :- Dr. Sreejaya R & Dr. Vinod Kumar TG





MOTIVATIONAL TALK AND EXPERINECE SHARING SESSIONS- COMMUNICATIVE PROGRAMME CELL

COMMUNICATIVE PROGRAMME CELL
An initiative with the Department of English

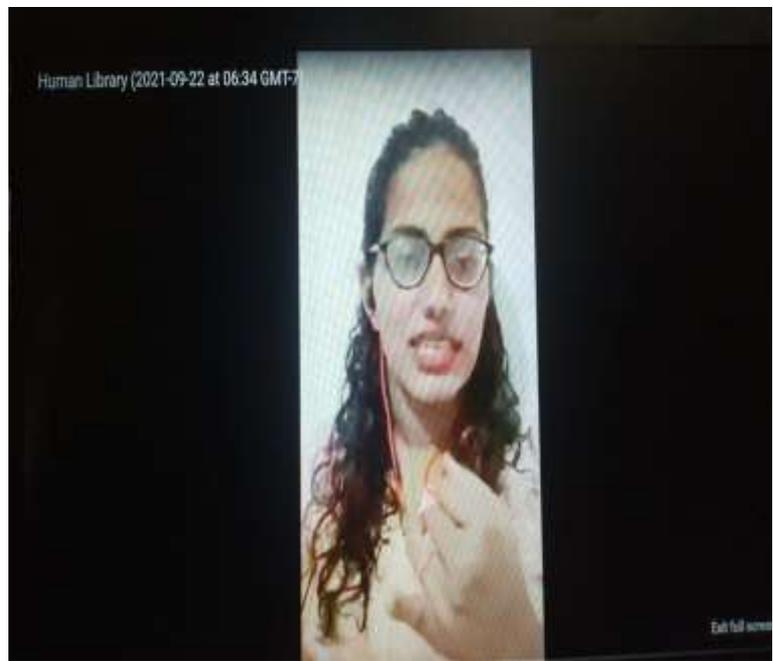
St. Thomas College, Ranni

Welcome you to the inaugural session of
HUMAN LIBRARY

Speaker: MISS. SAJNA SAJAN
(Psychologist)

Organising committee:
Prof. Dr. Rajamma Kunnika (President)
Dr. Saina Eby Jacob (Vice), Department of English
Asst.Prof. Nargis Begum (Coordinator)
Asst.Prof. Eema Sajjan (Coordinator)
Asst.Prof. Anjali Jacob (Coordinator)

Platform: Google meet
Date: 22-09-2021
Time: 7pm



COMMUNICATIVE PROGRAMME CELL
An initiative with the Department of English

St. Thomas College, Ranni

HUMAN LIBRARY
Session II

Speaker: MISS MANJUSHA SAJIDON
(MBA/HR/Finance, Finance Institute of Kerala)

Organising committee:
Prof. Dr. Rajamma Kunnika (President)
Dr. Saina Eby Jacob (Vice), Department of English
Asst.Prof. Nargis Begum (Coordinator)
Asst.Prof. Eema Sajjan (Coordinator)
Asst.Prof. Anjali Jacob (Coordinator)

Platform: Google meet
Date: 30-11-2021
Time: 7:30 p.m.





ST. THOMAS COLLEGE, RANNI

COVID AWARENESS INITIATIVE-VIDEO MAKING COMPETITION

St. Thomas College, Ranni

COVID AWARENESS VIDEO

Entries Invited

- 2 min Length Video
- Last Date : November 30
- Send the video to Coordinators

Organizing Committee
 • Dr. Aleyamma Kuruvilla
 Coordinator :-
 • Dr. Sreejaya R
 • Dr. Vinod Kumar T G



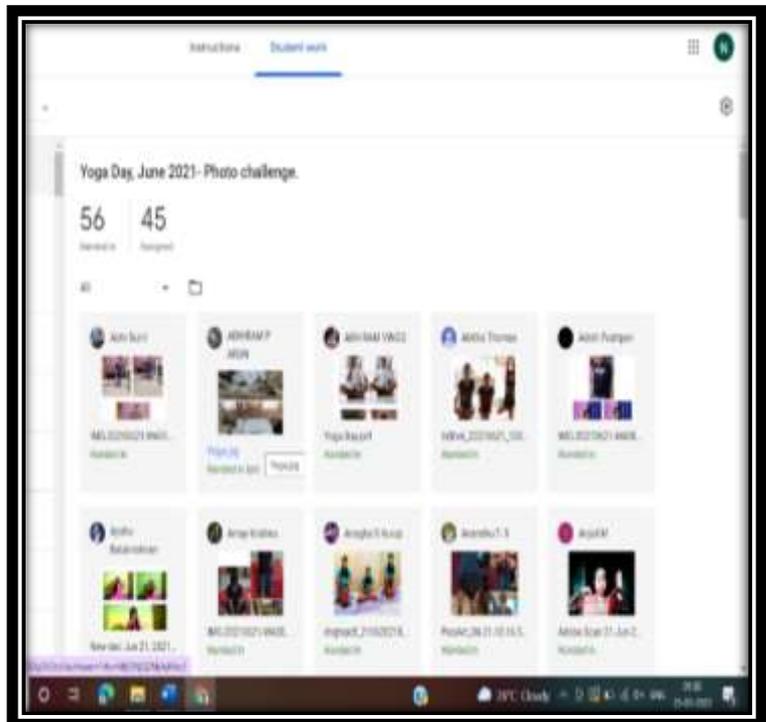
YOGA CHALLENGE

St. Thomas College, Ranni

YOGA CHALLENGE

Upload the Photo of Yoga Postures
 Platform : Google Class Room
 Link is shared on the Student Group

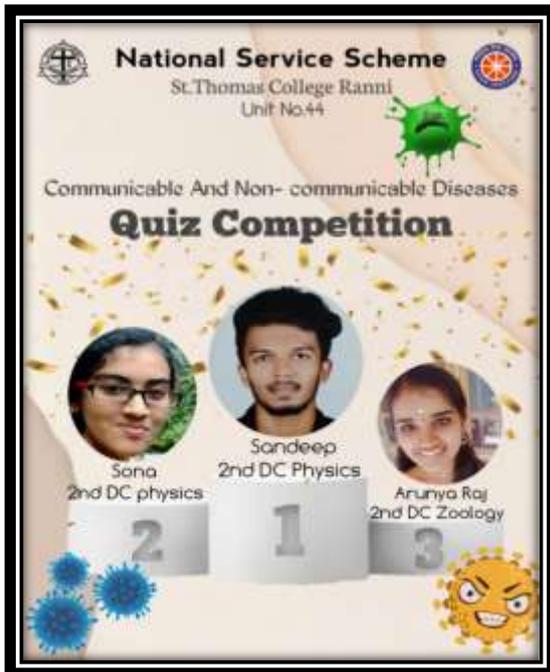
Coordinators :- Dr.Sreejaya R & Dr. Vinod Kumar T G



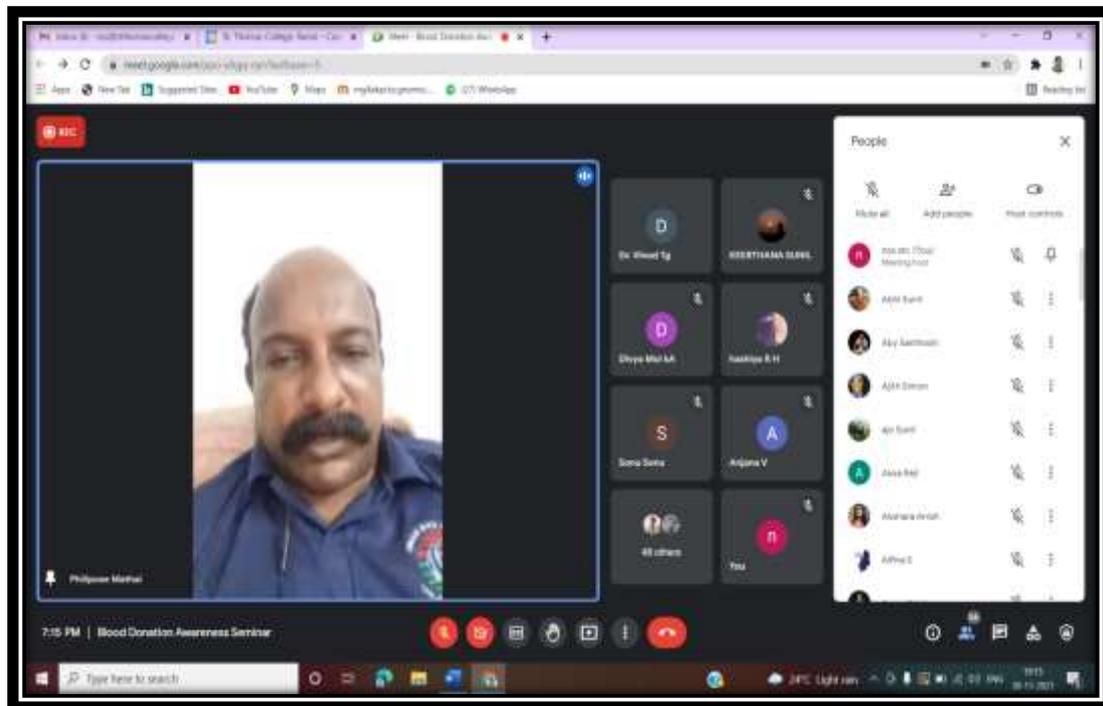


ST. THOMAS COLLEGE, RANNI

QUIZ COMPETITION-COMMUNICABLE AND NON-COMMUNICABLE DISEASES



BLOOD DONATION AWARENESS WEBINAR





ST. THOMAS COLLEGE, RANNI

SESSION ON THE IMPORTANCE OF YOGA IN DAILY LIFE

International Day of Yoga
21 JUNE 2021

We are conducting a webinar on
Importance of Yoga in daily life
on 21 June 2021

Resource person

Mrs. Shilpa K.S.
M.Phil Medical Psychology
M.Sc. Yoga
Post Graduate in Exercise Physiology

St. Thomas College Ranni
Department of Zoology in association with National Service Scheme

YOGA

- Yoga has a long history more than 5000 years.
- The word yoga means union of body and mind
- The word comes from Sanskrit
- Yoga has both physical and mental aspects.
- Physical comes under HATHAYOGA



Principal
St. Thomas College
Pazhavangadi P.O., Ranni